

Behaviour Therapy Services

Summer/Fall 2019

1. Needs and Strengths Assessment:

- Two 1-hour visits, at ATS location
- First visit: clinician conducts interview with parent/guardian (child/youth does not attend). Second visit: clinician conducts observation/assessment with child/youth
- Individualized written report with priority goals and clinical service recommendations

2. 1:1 Focused Consultation for Skill Building:

- One 2-hour needs and strengths assessment in family home
- Individualized intervention plan
- Five 2-hour consultation sessions in family home with hands-on coaching for caregiver(s)
- Progress summary report at the end of service
- Travel up to 30 minutes from an ATS location included

3. 1:1 Focused Assessment and Treatment of Challenging Behaviour:

- One 2-hour Functional Behaviour Assessment conducted by a BCBA in family home
- Individualized behaviour plan
- Ten 2-hour treatment and/or consultation sessions with a behaviour therapist in family home

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- Progress summary report at the end of service
- Travel up to 30 minutes from an ATS location included

4. Booster package for 1:1 Focused Service (skill building or challenging behaviour)

- Five 2-hour treatment and/or consultation sessions to continue working on an existing ATS skill building or behaviour plan
- Progress summary report at the end of service

5. Groups:

- Eight to twelve weekly 2-hour sessions (depending on topic)
- Groups of 4-10 similar-age peers
- A variety of topics may be offered throughout the year, depending on interest
- Topics may include: social skills, employment skills, cooking skills, school readiness, communication, dating and sexuality, budgeting and finances etc.

6. Parent/Caregiver Training Workshops:

- 2-hour education sessions offered at ATS location
- Topics may include: introduction to ABA, communication skills, managing challenging behaviour, play and social skills, adaptive living skills.
- Appropriate for parents, caregivers, support staff, educational staff etc.

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7. Interdisciplinary consultation:

- 1-hour consultation from an Anderson Therapy Services Speech Language Pathologist or Occupational Therapist
- Add-on service that can be combined with a behaviour service package
- SLP/OT will offer strategies that can be incorporated into behaviour therapy sessions

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